

veneers and white fillings

What are white fillings?

White fillings, also called composite fillings, are made from tooth-coloured materials that restore the natural appearance of a decayed or previously filled tooth. When appearance is important to you, you may want tooth coloured fillings for your cavities or for repairing stained, chipped or irregular teeth. Because they match the colour of your natural teeth, tooth coloured fillings are not visible and thus the fillings of choice for people who value a beautiful smile. Tooth coloured fillings were produced initially for cosmetic purposes and used most commonly in the front teeth. They are used increasingly in the back molars that require more strength. Nowadays the tooth coloured fillings used on front teeth are more polished while the fillings used on back teeth are made with a stronger material.



What is the process of the treatment?



Tooth coloured fillings are best for small cavity restorations. Properly cared-for tooth coloured fillings on front teeth can last a lifetime, but on back teeth they normally last between 7 and 10 years. If you already have amalgam fillings but wish that they would look more natural, you can replace them with tooth coloured fillings. Tooth coloured fillings, unlike amalgam fillings, allow you to eat as soon as the anaesthetic wears off.